WELLBEING DAYS
AGENDA

WELLBEING CAMPAIGN · PARK SAFE

Wellbeing Days at Securit Park

Hosted by **Securit Park** · European Wellbeing Initiative powered by **ESPORG**

Drive Safe · Park Safe
Work Safe · Live Well

WHEN	WHERE	ACCESS
Wednesday, 28 October 2026 Programme from 9:30 Wellbeing Check-Ups also on Tue 27 Oct	**Securit Park · Trucks'nB** Place François Quesnay, Centre Routier 79260 La Crèche (Deux-Sèvres), France	**A83 · Exit 11** Niort-Est, at the A10 / A83 junction

PROGRAMME · WEDNESDAY 28 OCTOBER

9:30 to 9:50 — **Coffee & registration** · Arrival of guests at Securit Park

9:50 to 10:00 — **Welcome speech** · **Virginie Stien**, Managing Director, Trucks'nB & Securit Park

10:00 to 10:10 — **ESPORG** · **Dirk Penasse**, General Manager, ESPORG

10:10 to 10:20 — **European Wellbeing Initiative presentation** · **Druselia Betea**, Head of EWellIn, powered by ESPORG

10:20 to 10:30 — **ELA (European Labour Authority) presentation (online)** · **Ivan Mekinda**, Seconded National Expert, ELA

10:30 to 11:10 — ROUNDTABLE

Roundtable: Safe Roads, Safe Stops, Well Drivers
Joining forces for drivers' wellbeing

MODERATOR — **Druselia Betea**, Head of EWellIn, powered by ESPORG

PANELLISTS
- **Caroline Braun-Metzger**, Regional Delegate, FNTR Poitou-Charentes
- **Dirk Penasse**, General Manager, ESPORG
- **Anaïs Bulot**, Sales & Operations Manager, Trucks'nB
- **Georgios Kostoudis**, LandRisk Junior Analyst, Risk Intelligence
- **Daniel Damien**, CEO & Co-founder, Seebee
- **Sylvain Giraud**, Head of Tolling Products, Axxes

11:10 to 11:15 — **Photo moment** · Family photo with the roundtable speakers

11:15 to 11:25 — CEREMONY

Wellbeing Ambassador ceremony
Presentation of the Wellbeing Ambassador certificate to Securit Park

11:25 to 11:30 — **Signing of the Wellbeing Pledge** · Partners sign the Wellbeing Pledge

11:30 to 11:45 — CEREMONY

Parking inauguration
Official inauguration of the Securit Park secure truck parking
Prefecture of Deux-Sèvres · **OTRE Poitou-Charentes / Gironde**

11:45 to 12:00 — SITE VISIT

Visit of the parking / Freeflow system
Number-plate recognition access: no ticket, no waiting

12:00 to 13:30 — **Lunch**

MADE FOR DRIVERS

Drivers' Wellbeing Corner

A day about drivers' wellbeing: on-site Wellbeing Check-Ups, gentle exercise and a warm welcome for drivers at Securit Park.

With the EWellIn Wellbeing Volunteers: **Druselia Betea**, **Joric Bossu**, **Mirjam Frakulla** and **Marc Van Grootel**

Wellbeing Check-Ups

TUE 27 & WED 28 OCT

With **Druselia Betea**, psychologist & health coach

Tue 27 Oct	16:30 to 19:30
Wed 28 Oct	13:30 to 16:00

Wellbeing surveys

TUE 27 & WED 28 OCT

With **Mirjam Frakulla** & **Marc Van Grootel**, Wellbeing Task Force

Tue 27 Oct	16:30 to 19:30
Wed 28 Oct	10:00 to 16:00

Sports activities

WED 28 OCT · 3 × 20 MIN

With **Joric Bossu**, adapted physical activity teacher

14:00	Seated cardio
14:40	Low-impact cardio
15:20	Back & mobility

Hot drinks & goodies

ALL YEAR · 28 OCT

With **Securit Park**, host

All year	Free hot drinks & soup
Wed 28 Oct	Cakes & goodies

ORGANISED BY **European Wellbeing Initiative**, powered by **ESPORG**, together with **Trucks'nB** · Contact: **d.betea@esporg.eu**